

Dr Philippe BOUTIN



European Working Group of Practitioners and Specialists in Free Practice
Europäische Arbeitsgemeinschaft der Niedergelassenen Ärzte
Groupement Européen des Médecins en Pratique Libre



Evolution of the profession

- **Liberal specialists have collective and societal obligations**

- Accessibility for all : economical and geographical
- High level of scientific requirement
- Collective ensurance of permanence and continuity of care
- Transparent organization of competition

- **But they also expect the recognition of their rights by society and guardianship :**

- Ensurance of the highest level training
- Legal security of the practice
- Defense of an evolutive and attractive income policy,
- The establishment of a sincere and loyal negotiation
- Political recognition of their functions and their realities



Evolution of the profession

- **Delegation of tasks**

- Protocols
- Global response – geographical and temporal – to 2 structural problems : shortage of professionals in the field, problem of unequal supply of care in the territory
- Example : **ASALÉE**



ASALÉE

- Liberal health action **in a team**.
- Born in 2003, Asalée has been working in the field **since 2006**.
- **Multi-professional cooperation between general practitioners and nurses**, Asalée's actions are integrated in the practice of practitioners, in order to adapt to the evolution of the care demand, in particular to the increasing place of chronic diseases.
- Asalée also corresponds to the **evolution of general practitioner practice** which requires more and more collaborative work.



ASALÉE

- **Key strengths**

1. A more diverse **care panel** focused on the patient's practice to:
 - a. handle patients with chronic diseases: diabetes, cardiovascular risk factors, memory disorders, COPD
 - b. facilitate screening : breast, colon, uterus and alert management
2. **Help for chronic diseases management**: follow-up, educational therapy and support for the patient throughout his illness.
3. Execution of **derogatory acts**: ECG spirometry mono filament test ...



ASALÉE

- **Key strengths**

4. **Proximity teamwork**, federating the doctors of the medical practice but also the professionals of the territory. However, it is not mandatory to practice in a multidisciplinary health center (Maison et Pole de Santé Pluridisciplinaire)
5. **Promoting the quality of management** of patients with chronic diseases in outpatients through personalized educational therapy of proximity
6. **Setting up easily** and **managing administrative tasks** of the nurse provided by the association ASALEE
7. A **positive medical-economic evaluation** confirmed by the work of IRDES and CNAM



Evolution of the profession

- **Creation of the new profession of "course manager"**
 - Concept of "doctor-time"
 - Significant valuation of the added value of the specific skills



Evolution of the profession

- **New status for the doctor**

- make the professional more enterprising, more daring, master of the essential change of the health system
- **Single status**



Single status

- 215,000 French doctors, **three broad categories**: employees and liberals with almost equal numbers, and just over 10% who have a mixed practice.
 - **less than 1 in 8 young doctors** choose the liberal exercise
- ➔ Difficulty :
- almost impossible to concretise a patient care based on **pathways** and no longer on isolated acts;
 - **cooperation between hospitals and clinics** hampered by obstacles related to different status of practitioners-
 - to practice from the city to the hospital, doctors have to pass **competitive exams**, even though the future is the recurrent certification of skills.
 - to practice in the city, hospital doctors have to change their **social status** and **social protection system**.



Single status

- Creation of a mixed status, **at the same time employed, and at the same time liberal** which allows the exercise of the profession whatever the place of exercise.

